**LBC FACT SHEET**

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**Boxing Day in America — Sparring Expo**

During *Boxing Day in America*, USA Boxing encourages LBCs, Clubs and other organizations to use the *Boxing Day in America* event to connect boxers, coaches, officials, fans, and community through an expo with activities and resources that celebrate amateur boxing and highlight what LBCs do, individually and together, to build skill among boxers and officials.

**Why is *Boxing Day in America* important?**

Nationwide there are more than 30,000 registered athletes, 15,000 coaches and officials, and 1,500 amateur boxing Clubs registered with USA Boxing. Sparring is an important part of training. Coaches and officials also benefit from networking opportunities.

**Key Elements to the Boxing Day — Sparring Expo:**

* **Sparring:** Technical sparring one of the most important tools for boxers. Safety equipment is required. Supervision by each boxer’s coach, and ring supervisor is required.
* **Recruitment and Education for Officials:** Referees, Judges, and administrators are a critical part of amateur boxing. *Boxing Day* provides a scheduled opportunity to recruit and train, including shadow judging and mentoring by the LBC Chief of Officials and experienced R&Js.
* **Supervision by Ringside Doctor:** Due to the quantity of boxers sparring, medical supervision.
* **Networking for Coaches:** Coaches have the time and opportunity to network with each other.
* **Community Engagement:** As a public event, *Boxing Day in America* gives spectators, parents friends, and boxing stakeholders a chance to participate in a time-honored tradition.

***Boxing Day in America* Fast Facts**

* *Boxing Day in America* is a national program of USA Boxing.
* Two cities participated in the pilot of *Boxing Day in America* program.
* Upcoming *Boxing Day* events:
	+ November 7, 2020
	+ November 6, 2021
	+ November 5, 2022
	+ November 4, 2023
	+ November 2, 2024
	+ November 1, 2025

**USA Boxing**

USA Boxing, Inc., has a rich history of service to its members as the governing body for amateur boxing in the United States. Comprised of approximately 50,000 members from across the U.S.,

USA Boxing is a member of the United States Olympic Committee (USOC), and the

International Federation for boxing. The U.S. has earned more Olympic gold medals than any other country in the history of the Games.

For more information on USA Boxing and its work, please visit [usaboxing.org](http://usaboxing.org).

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